



DEER PARK

newsletter

FRIDAY 24TH FEBRUARY 2023

ISSUE 10

HEADTEACHER'S HELLO!

Despite only being a four day week for the students they have been busy focusing on a range of different activities; from sporting events and competitions, pathways assemblies and even giving feedback about the candidates that we are currently interviewing in preparation for next year. What is always warming to hear is the wonderful feedback that we get about the students from all of the visitors to the school. It is something that I am humbled by every time it happens. As a school we are really looking forward to Dance Live! and seeing our amazing performers and stage crew in action. It is going to be an epic showcase...

I wish you all a restful weekend when it arrives and look forward to seeing some of you next week in Poole.

Mr Jones

MEET MRS HOLLOWAY

Hello, I'm Mrs Holloway and I work in the main office at Deer Park School as Mr Jones' PA. I have had the pleasure of being part of Deer Park from the very beginning, including prior to opening and it has been an honour to watch the school start to fill with our incredible students.



I love to travel and am very excited to be part of the upcoming Year 8 ski trip to Austria. Along with holidays, I also love spending time with my family, friends and my miniature Dachshund Violet who has recently turned 1. She has such a funny little character and makes us laugh every day!



My favourite saying is 'If you see someone without a smile, give them one of yours'

WILDERN TRUST INSET (CPD) DAYS 2023-24

FRIDAY 1ST SEPTEMBER 2023
FRIDAY 13TH OCTOBER 2023
FRIDAY 24TH NOVEMBER 2023
MONDAY 19TH FEBRUARY 2024
MONDAY 24TH JUNE 2024

(All dates for the next academic year are provisional and may be subject to change)

TEMPORARY ROAD CLOSURE – WOODHOUSE LANE

Hampshire County Council have informed us that a full road closure of Woodhouse Lane, Botley is required to allow the continued construction of highway infrastructure to support the Uplands Farm Development and Botley Bypass projects.

The closure will be in place from 9am Monday 27 February and the road is expected to reopen from 9am Monday 6 March 2023. During this time, the road will be closed to traffic from the junction of Woodhouse Lane and Pavilion Road, as far as the entrance of Hillier Garden Centre.

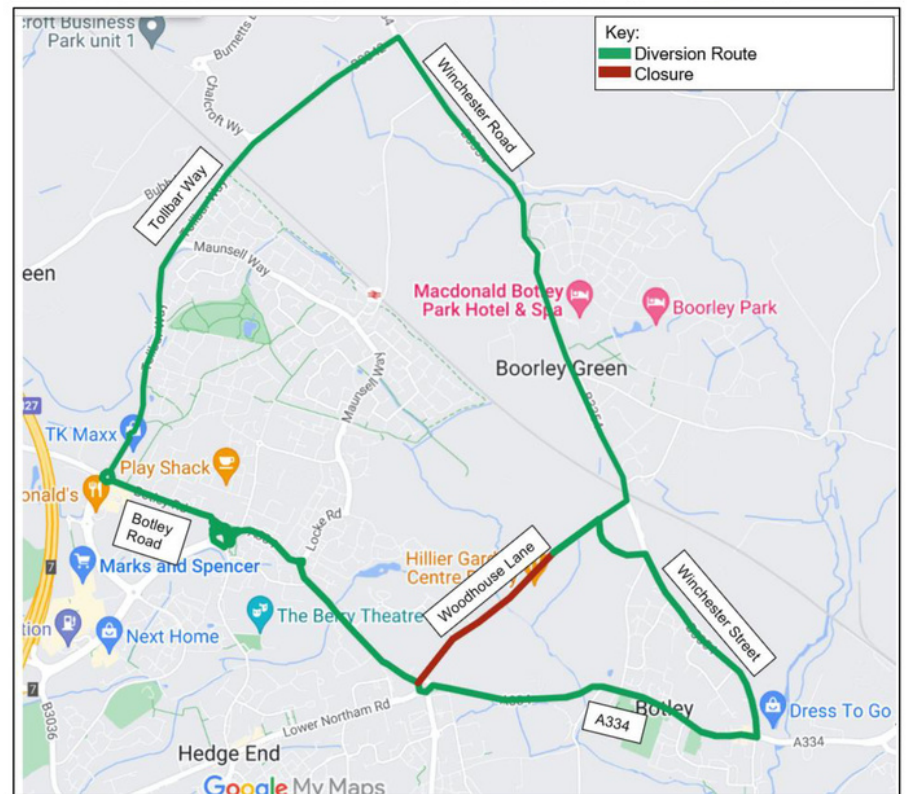
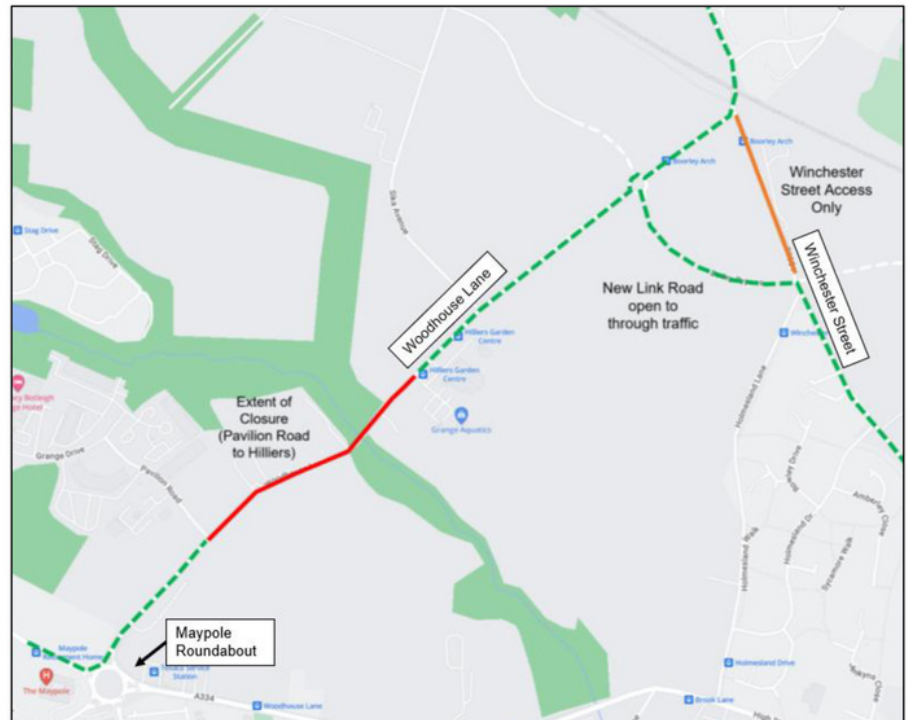
Access to all properties and businesses including Hillier Garden Centre, will be maintained, and a signed diversion will be in place via the A334, Botley Road, Tollbar Way and Winchester Road (B3354). Please see the diversion route plan opposite. Pedestrian access will be maintained through the working area.

The closure is necessary to allow the diversion of a Southern Water main, and the completion of drainage works over the culvert. Due to the location and depth of the works, it is not possible to carry out the works while traffic remains on the carriageway.

For more information about the construction of the highway infrastructure including the new bypass for Botley, please visit: <https://www.hants.gov.uk/transport/transportchemes/botleybypass>



Extent of Closure / Diversion Route



EDUCATION FOR LIFE

This half term students will return to the 'Health and Wellbeing' strand of the Education for Life curriculum. In line with the RSE statutory guidance the students will have 3 lessons on the following subjects:

YEAR 7

1. Healthy Lifestyles & Changes in Puberty
2. Inappropriate & Unwanted Contact
3. My Body, My rights

YEAR 8

1. Self Esteem & Social Media
2. Body Image
3. Building Self Esteem and Confidence

As always, should you have any questions or concerns regarding the Education for Life curriculum please do not hesitate to contact the school.

NSPCC NUMBER DAY - FRIDAY 3RD FEBRUARY

Together we raised an amazing **£333.27** for the NSPCC on Number day before the half term holidays. Congratulations to Isabelle L on winning the jar of sweets, and to Nico and Riley C who were our NSPCC Rocks winners for Year 7 and 8 respectively - fantastic timetable knowledge and super-fast typing led to incredible individual scores!!

Students also completed an escape room-style challenge in their Maths lessons, working in teams to crack the code and get Bunny's bag back from the vortex.

Mr Gregory and Mr Hughes also had their goal-keeping skills tested in the penalty shoot out - we have some amazing penalty takers at Deer Park!!



LITERACY – WORLD BOOK DAY 2023!

In celebration of World Book Day, please see the **digital book token** which you can present on your phone or tablet to purchase one of the World Book Day Books in Waterstones, Sainsbury's, Tesco, Morrisons, Asda, WHSmith or the Works (can't be used online!). The titles this year include books by Adam Kay and Lenny Henry! Alternatively, the voucher can be used for £1 off any book that's £2.99 or more!



On Friday 3rd March,* Deer Park is excited to host our World Book Day Celebrations! With all members of staff dressing up as Roald Dahl characters, it is going to be an exciting day with activities including a scavenger hunt to win a Golden Ticket and be in with a chance to win a giant bar of chocolate - Willy Wonka style!

*Please note, this is one day after the official date due to so many of our students and staff being involved in Dance Live on Thursday 2nd March!



STUDENT LEARNING CONFERENCE



Before half term some year 7 students took part in a learning conference based around teamwork. Working in groups, the students were tasked with designing and building certain structures which tested their collaboration and communication skills as well as tapping into the creative part of their brains.

SCHOOL START TIME AND ENTRANCE/EXIT TO THE SCHOOL BUILDING

Please find below a reminder of timings for students on a normal school day.

- Students are to arrive on the school site no earlier than 8am with the exception of Friday breakfast when students can enter the school building no earlier than 7.45am.
- The LRC is open from 8.15am for students wishing to borrow books.
- If not using the LRC students can enter the school building from 8.27am (upon hearing the sounder).
- Only in adverse weather (including sub zero temperatures) are students allowed in the Atrium from 8.15am.
- Students should be in their tutor basis by 8.30am.
- Registers are taken by 8.35am
- Any arrivals after 8.35am will be recorded as late.
- If needing to visit their lockers, students should do so between 8.27-8.35am.

There are 3 student entrance/exits in the main school building. Students are not permitted to use the staff entrance/exit leading into the car park. Students walking to the car park will need to go around the school building and exit using the footpaths.

We appreciate your support with the above, if you have any questions please do not hesitate to contact us.



YEAR 7

FOCUS OF THE FORTNIGHT

Every 2 weeks, both year groups are given a focus for the fortnight. This is an opportunity to recognise and develop the 'soft skills' our young people need to succeed at Deer Park and beyond. So far this year, we have focussed on resilience, kindness, punctuality, presentation of work and friendship. Students can earn positive erefs for demonstrating they have shown these qualities both in and out of lessons. Below are the foci for the next few weeks which we will promote in school.

27/2 - teamwork

13/3 - risk taking

27/3 - trying something new.

Please feel free to discuss these with your son/daughter and hopefully you will notice some green's and gold's over the next few weeks based on our particular theme.

PATHWAYS

Students have now had their pathways booklets home and are almost half way through their subject assemblies. All of our information on pathways can be found [here](#). Next week our pathway taster sessions begin in lessons. Please remember options online will not open until the 10th March.

Deer Park School



Pathways
Booklet 2023

FRENCH - CLASS SPELLING BEE



Spelling Bee Class competitions have been happening in French classes week beginning 6th February. Students were asked to spell as many French words as possible (from a given list) in 90 seconds. Congratulations to all those who came in the Top 5/6 in their class. Spelling Bee Finals will be held this Half Term - Surveillez cet espace et continuez à épeler.

HUMAN PAPILLOMAVIRUS (HPV) VACCINATION

If you have not done so already please submit the [online consent form](#) for the HPV vaccination taking place at Deer Park School on Monday 13th March 2023 (The unique code for Deer Park school is SH143698).



If you decide you do not wish your child to receive the vaccine please also fill in the [form](#). Please note that the HPV vaccine is not routinely available from your GP.

It is essential that the consent form is submitted no later than 10am on 9th March 2023.

HAMPSHIRE SCHOOLS COUNTY BADMINTON FINAL



On Tuesday 21st February our first ever Deer Park Badminton team travelled to Winchester for the County Finals to represent Eastleigh.

With some challenging opposition including year 9s from other schools Deer Park battled hard for each point with tremendous effort.

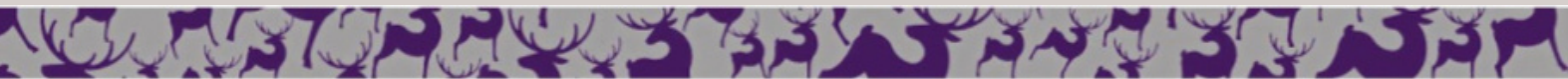
Badminton club will finish after the Easter holidays. Well done to all who have taken part at training this year.

Our summer term racket sports will include a tennis club with further information later this term.

FREE ONLINE COURSES FOR PARENTS

Click [here](#) for Hampshire Learning in Libraries which offer a variety of courses to support parents including the below:

- Positive Parenting – Monday's (27th Feb – 27th March) 6.30pm – 8pm
- Introduction to paediatric First Aid Tuesday's (28th Feb – 21st March) 6.45pm – 9pm
- Raising Resilient Children – Wednesday's (1st March – 29th March) 6.30pm – 8pm
- How Children learn to read and write Thursday's (2nd March – 30th March) 7pm – 8.30pm



SAFE HAVEN SOUTHAMPTON



Safe Haven Southampton

Out of hours crisis support for children and young people in Southampton up to the age of 25 who are experiencing difficulties with their mental health

- Out of Hours emotional and practical support with mental health.
- Help to explore your current situation
- Learn self-management techniques
- Enable you to make positive changes

Monday's

Group drop-in session for 15-25 year olds – 6-7:30pm
One to one sessions – 7:30-8:30pm (by appointment only)

Wednesday's

Web chat and phone support – 6-8:30pm

Friday's

Group drop-in session for 11-14 year olds – 4:30-6pm

One to one sessions – 6-7pm (by appointment only)

Saturday's

Web chat support – 10:30am-1pm

*Drop in sessions take place at 35 The Avenue, Southampton. SO17 1XN



www.nolimitshelp.org.uk
023 8022 4224

Safe Haven Southampton is based at 35 The Avenue, Southampton, SO17 1XN and run face-to-face sessions on Mondays 6–8:30pm and Fridays 4:30–7pm.

They also offer an online webchat and text/phone service on a Wednesdays, 6–8:30pm and Saturdays 10.30am–1pm.

The aim of Safe Haven is to provide young people in Southampton (age 10 – 25) access to out of hours emotional and practical support with their mental health, providing them with the tools and techniques they need to enable them to be as safe as possible and to make positive changes.

Contact us today to find out more:

- 35 The Avenue, Southampton. SO17 1XN
- 02380 224 224
- 07918 259 365
- enquiries@nolimitshelp.org.uk



SCAN ME

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18

CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns leading to irritability – and distract them from other activities.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



NOS National Online Safety
#WakeUpWednesday



KNOW THE 5Cs TO STAY SAFER



Carbon Monoxide

Do you know it's your landlord's job to make sure a carbon monoxide alarm is fitted in your home if needed?



Clothing

Think about where you dry clothes. Clothes can get caught on electric heaters and burn.



Cooking

Barbecues and camping stoves are unsafe to use indoors and put you at risk of carbon monoxide poisoning.



Candles

Keep lit candles away from curtains and bedding and be sure to blow out when you leave the room.



Chimneys

Get yours swept and checked professionally if you're planning to light an open fire.



Scan the code to visit our website for more information and advice

HOME FIRE SAFETY VISIT



WHAT WE WILL DO DURING A VISIT...

- 1 Identify any potential fire risks and discuss how you can prevent or reduce the risk
- 2 Ensure you, or someone you refer to us, has working smoke alarms
- 3 Fit carbon monoxide detectors where needed
- 4 Help put together a household escape plan and identify any mobility issues that may impede an evacuation
- 5 Issue fire retardant bedding, furniture throws and nightwear where needed
- 6 Give basic advice on topics such as falls prevention and smoking

WHO DO WE VISIT?

Do you - or someone you know - need our help?

- Those aged 65 and over
- Evidence of fire risk concerns such as burn marks on bedding or furniture
- Signs of hoarding or unsafe cooking practices
- Hearing, cognitive or mobility impairments
- Those who are substance or alcohol dependent



CALL 023 8062 6751
community.firesafety@hantsfire.gov.uk



Hampshire
& Isle of Wight
FIRE & RESCUE SERVICE

UPCOMING DATES

Date	Activity	Year Group
Monday 27 February	Week B	All Years
Thursday 2 March	Dance Live	All Years
Friday 3 March	World Book Day	All Years
Monday 6 March	Week A	All Years