



DEER PARK

newsletter

FRIDAY 26TH SEPTEMBER 2025

ISSUE 2

HEADTEACHER'S HELLO



Well it certainly feels like Autumn is approaching with slightly colder mornings! I am so incredibly proud of the conduct and dedication our students have shown during our recent Open Morning for prospective new students. The feedback has been overwhelmingly positive, highlighting the maturity, enthusiasm, and articulate nature of our young people as they served as excellent ambassadors for Deer Park. Looking ahead, I extend my thanks in advance to all students, staff, and volunteers who are preparing to support our Open Evening next week. Your commitment to showcasing our school community is invaluable.

Finally, I would like to express our sincere gratitude to Draper Tools and Taylored Exterior Cleaning for their generous support and sponsorship of our new sports kits and the exciting F24 engineering project. This kind contribution is hugely appreciated and directly benefits our students' experiences, both inside and outside the classroom.

Have a lovely weekend,
Mr Jones



MEET MISS NELHAMS

Hello everyone! I am thrilled to introduce myself as Miss Nelhams, working alongside Miss Andrews with Year 9 and as part of the English Department. I have had the warmest of welcomes and, although it has been a busy three weeks getting acquainted with school systems, staff and students it has been made all the more easy knowing I have joined such a friendly and supportive community. As an English teacher, I'm going to have to advocate for the words and tell everyone about my most recent reading conquest - The Pearl That Broke Its Shell by Nadia Hashimi, a tale about a young woman navigating patriarchal structures in Afghanistan - an emotional rollercoaster. When I'm not teaching I am either spending time with my family, planning a holiday for that half term break, or reading on my kindle.



YEAR 7

Year 7 have continued their phenomenal start to life here at Deer Park. Staff have been so impressed by their engagement in lessons, willingness to learn and politeness around school. It's been a busy few weeks for the students with loads going on. I've loved dropping into lessons and seeing all of the amazing work students are completing, whether this is the fantastic artwork on show drawing their shoes, the thought-provoking discussions taking place in religious studies lessons, or the amazing teamwork on display in their rugby lessons in PE. At the point of writing this, half of the year group have visited Fairthorne Manor - this group displayed exceptional resilience, teamwork and kindness to each other and the Fairthorne staff. I'm excited to see more of this tomorrow!

We have loads to look forward to, including: European Day of Languages, National Poetry Day, Ele Fountain (author visit) and the Rotary shoe box collection - please ensure students do all they can to get involved in this! I've been so impressed with the amount of Year 7s getting involved in our extra-curricular clubs; this is an amazing way to meet new friends and broaden their horizons.

A couple of important points to share: We've noticed a lot of the Year 7 students coming into school without a water bottle, please ensure they have one with them when they're at school. If they keep forgetting it, they could leave it in their locker at school. As the weather gets colder please ensure that students have lots of base layers or a Deer Park jacket for their PE lessons, as coats are not allowed as part of the PE kit.

As ever, if you have any questions or queries please do get in touch with your child's tutor.
Keep up the great work Year 7!

Mr Colley

YEAR 8

Can I say well done and thank you to all of the Year 8 students who have come back refreshed and ready to learn; I have been pleased with the start that they have made both inside and outside of the classroom.

Obviously, Year 8 brings different challenges in terms of new groups and new teachers but I have stressed to them in assemblies that many things have 'stayed the same' and that all I ask of them is to remain in the excellent habits that have been developed in Year 7 and that the excellent 'culture' we have as a year group continues.

I have been very impressed when I walk the school and pop into Year 8 lessons to see new relationships being formed, both between staff and students. I have also asked staff to notify me of any potential issues surrounding class dynamics so that we can look at making changes.

As always, please get in contact with your child's tutor in the first instant if you require any assistance; we always aim to intervene as quickly as possible so that any potential barriers to learning are removed.

Mr Parnell



YEAR 9

We hope this newsletter finds you well. It's hard to believe we are already three weeks into what has been a fantastic start to the new school year. We have been incredibly impressed with how well the students have settled in and have truly embraced the challenges of their GCSE option subjects. During our recent drop-ins to lessons, we have been so pleased to see their focus and determination as they navigate new and exciting topics. This positive attitude extends beyond the classroom, and it has been a real pleasure to see so many of our Year 9s taking full advantage of the extracurricular offerings. The enthusiasm and commitment shown by those attending netball and football clubs has been wonderful to witness. We are so proud of the positive way they have begun the year, and we look forward to supporting them through a productive and exciting term ahead.

Best regards,
Miss Andrews and Miss Nelhams Co-Interim Heads of Year 9

YEAR 10

With a couple of full weeks under their belt, it has been great to see Year 10 continue to lay the foundations for a fantastic year. I continue to receive lovely feedback from staff about their approach to their GCSE studies, and how invested they are in their learning. Their first report data will be collected shortly, and I hope their hard work in class will be rewarded with plenty of Yellows when I analyse their data in October.

As a Year Group, we have always celebrated achievements both in and out of school, and I am keen for this to continue. We have an incredibly talented group of individuals, with numerous students competing in a variety of sporting events, as well as individuals who have made amazing progress in the Performing Arts. If you would like your child to get some recognition in assembly for anything, please do email me and I will ensure we can celebrate their success in assembly each week.

Keep up the great work Year 10,

Mr Gregory

YEAR 11

Now that we have settled into the routines of the Year 11 timetable, I am pleased to report that feedback from teaching staff has been overwhelmingly positive, with students maintaining their good start to the academic year.

Over the past 2 weeks we have seen six Post-16 providers come into assemblies to talk about options open to the cohort for next year. Whilst each was specific to their own college, there were some key messages that were relayed by all speakers to students looking to go to college next year; go and see as many different colleges as you can and apply to as many colleges as you like at this stage.

Students will now be familiar with the Prepare to Perform sessions that are being run between 3-4pm in all subjects. These sessions are a fantastic resource for students to support with their learning.

Thanks,

Mr. Smith

EVERY ASSEMBLIES AWARD

Congratulations to the students below for this fortnights assembly awards





SUBJECT SPOTLIGHT: EDUCATION FOR LIFE



The Education for life programme supports students to be responsible, healthy, confident and respectful young adults prepared for life and work in an ever changing world.

There are three key themes that all year groups will focus on throughout the year:

Health & Wellbeing

Relationships

Living in the Wider World

This half term we are focussing on Health and Wellbeing. The programme consists of Education for life lessons, tutor sessions and assemblies. Please see below for a brief outline of what each year group will be studying this half term:

YEAR 7: CURRENT CURRICULUM

Healthy Me

In this unit students will be exploring how to maintain a healthy lifestyle to ensure both physical and mental health. They will focus on the importance of eating healthily, completing regular exercise and having a good bedtime routine. This will be supported with a Fit4Life session run by a local charity, students will have an hour off timetable to learn about the importance of movement & exercise. They will also be introduced to emotional wellbeing and understand what affects this.

YEAR 8: CURRENT CURRICULUM

Drugs & Alcohol

In this unit students will explore issues surrounding drugs and alcohol. They will gain an understanding of the law surrounding drugs and alcohol, along with the different types of drugs. They will study in depth the socially accepted drugs of alcohol and tobacco with an emphasis on their effects and with regards to alcohol, how to stay safe.

YEAR 9: CURRENT CURRICULUM

Peer Influence, Substance Abuse & Gangs

Students will gain an understanding of the law surrounding drugs and alcohol, along with the different types of drugs. An important part of the unit will be exploring how peer pressure has a big impact on people's choices to consume drugs and alcohol and providing students with strategies to deal with this. Students will explore the concept of addiction and where to access help and support for this as well as the effects of drugs on individuals and others.



SUBJECT SPOTLIGHT: EDUCATION FOR LIFE

YEAR 10: CURRENT CURRICULUM

Exploring Influence

This unit allows students an opportunity to explore what risk taking means and how the teenage brain affects this. Students will gain an understanding of the law surrounding drugs and alcohol, along with the different types of drugs. Students will explore the concept of addiction and where to access help and support for this as well as the effects of drugs on individuals and others. An important part of this unit focuses on managing risk and staying safe which explores influences in relation to gangs and knife crime as well as disinformation.

YEAR 11: CURRENT CURRICULUM

Building for the future & next steps

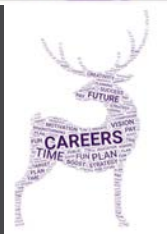
This unit allows students an opportunity to explore a multitude of different aspects around their life after Deer Park. We explore writing personal statements, CV's, post 16 options, college applications and also look into aspects around life in the workplace.

This ranges from diversity in the workplace, stereotypes & how to challenge them and also employability skills. This gives students the tools and knowledge they need to tackle the next steps of their educational journey.

Year 10 GCSE Art

We have an exciting opportunity this year for our Year 10 Art students to visit the National Portrait Gallery on the 4th of November. This visit is a fantastic opportunity for students to prepare for their upcoming GCSE project, which is focused on portraits.

Details are on Parent Pay.
Closing will be the 24/10/2025



CAREERS INFORMATION



Open Events

Eastleigh College

Wednesday 22 October
Tuesday 25 November

Fareham College

Tuesday 14 October
Thursday 13 November

Southampton College

Tuesday 21 October
Thursday 20 November

CEMAST & CETC

Wednesday 19 November

All events are from
17:00 – 19:00

Scan here



Your future
starts **here**

 shcg.ac.uk/events

**FOR A FULL LIST OF ALL
OPEN EVENTS**

CLICK HERE



CAREERS INFORMATION

Inspiring Events for Schools 2026

Get Inspired

Get Inspired events bring businesses together from all industries to inspire young people to work in their sector through hands-on interactive activities that encourage young people to engage with businesses. The events are a great way for students to learn about career options in their local areas from a diverse range of businesses. Attending these events can help schools meet Gatsby Benchmarks and CDI Framework areas.

Get Inspired Portsmouth, Portsmouth Guildhall - 15th January 2026

Get Inspired Basingstoke, The Apollo Hotel - 4th and 5th February 2026

Get Inspired Southampton and New Forest, O2 Guildhall Southampton - 6th May 2026



"A really great event. Employers were knowledgeable and made it interesting. Lots of activities which were engaging and kept the students' attention."

Liam Gallagher, Priory School

"Really positive event supported well by local and regional companies as well as the armed forces. Our students will take away more more than they realise."

Paddy Padfield, Moyles Court School

"Inspiring - you have made our children think outside the box. It's been thought provoking about technology and the way industries are always moving forward. With innovative ideas, these are children of the future."

Sue Street, Peel Common Junior School

Primary Schools' STEM Fair

The Primary Schools' STEM Fairs allow young people to take part in interactive STEM activities with local businesses. This helps educate them about different career options and challenges perceptions about different roles. The aim is for young people to have fun, take part in a STEM activity and at the end, link the STEM activity to future careers.

CEMAST, Fareham College - 5th and 6th March 2026

Queen Mary's College, Basingstoke - TBC March 2026



Inspiring STEM

Our Inspiring STEM event is new for 2023.

This event allows young people to take part in interactive STEM activities with businesses from across Hampshire. This helps educate them about different career options and challenges perceptions about different roles. Taking place at the National Oceanography Centre, this event combines activities provided by businesses with lab activities, talks and a tour of the centre.

The Apollo Hotel, Basingstoke - 12th November 2025

National Oceanography Centre, Southampton - 24th June 2026



"Great event with a wide range of activities and a quick turn around to keep the pace up!"
Bishop Challoner School

To sign up visit <https://www.ebpsouth.co.uk/for-schools/large-scale-events/events@ebpsouth.co.uk>
02392 283400

Company Number: 3352250
Charity Commission no. 1146880



CAREERS INFORMATION



GUIDE FOR PARENTS AND CARERS OF YOUNG PEOPLE WITH SEND IN
HAMPSHIRE: PLANNING FOR POST-16 OPTIONS FROM YEAR 9 ONWARDS

CLICK HERE

Vocabulary Updates

We have been busy this month with our first vocabulary newsletter of the school year! Here, you'll find the key vocabulary we're using in our classes this half term. Research shows a strong link between a student's vocabulary knowledge and their academic success. By helping your child learn and use these words, you can make a big difference in their learning journey and consolidate their learning from school.

Year 7

Year 8

Year 9

Year 10

Year 11

YEAR 10 WORKSHOP

WITH PAPER BIRDS!

On Thursday 18th September, our Year 10 GCSE Drama students participated in an immersive, all-day devising workshop led by the renowned theatre company, Paper Birds. The students were off-timetable to fully engage with the company's unique approach to creating theatre.

The workshop focused on a range of techniques, empowering students to explore new ways of generating and developing original ideas from a variety of stimuli. This invaluable experience has equipped our students with practical skills that will be instrumental in their upcoming GCSE devising projects. They learned to build powerful narratives and create compelling performances collaboratively, gaining inspiration from Paper Birds' innovative and socially conscious work.



STEM UPDATE



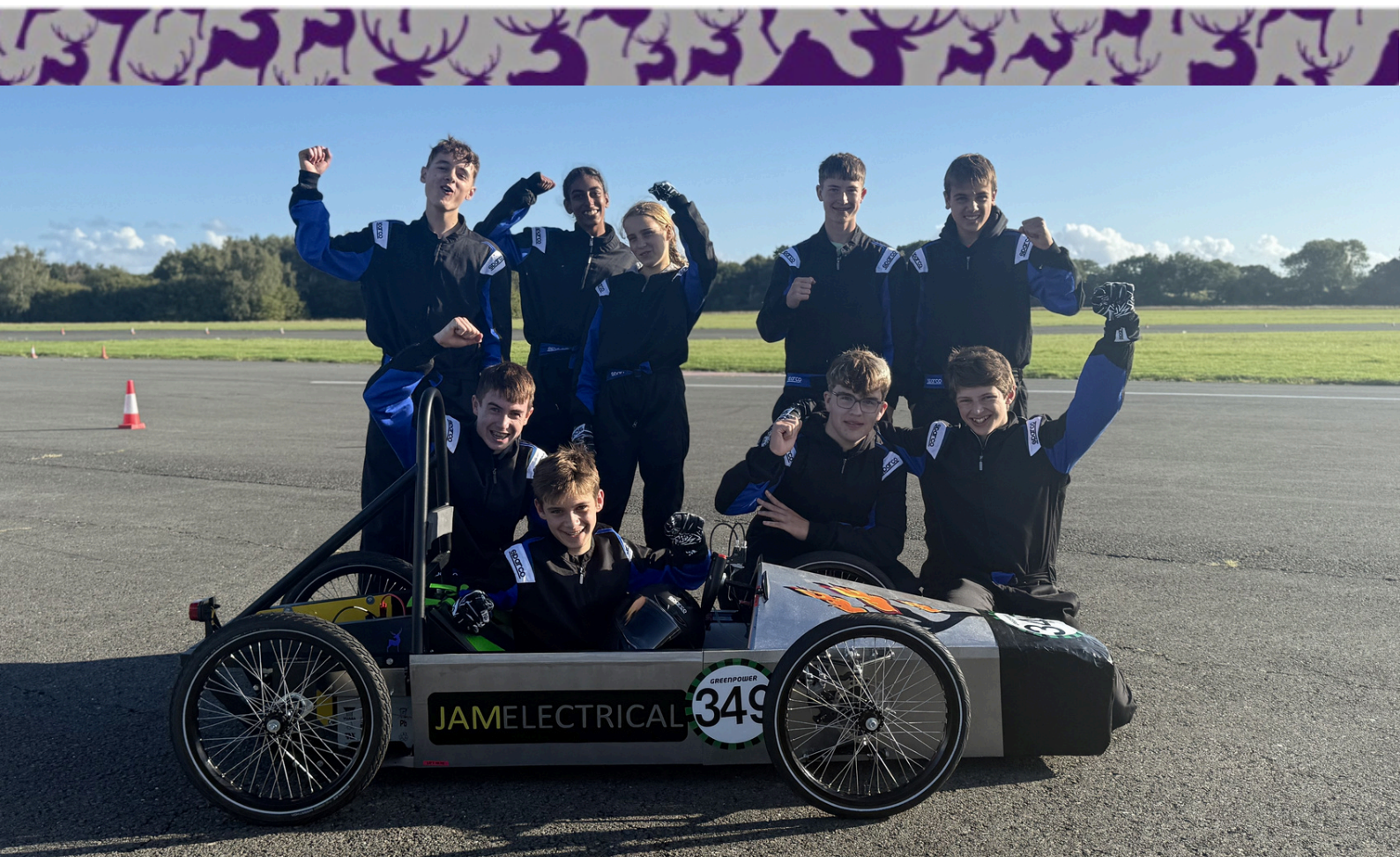
The Formula 24 team had an amazing first race day at Dunsfold!

Despite the early start and pouring rain, students enjoyed an adrenalin-fuelled day of racing. They competed in two 90 minute races, successfully executing pit stops and overtaking other teams safely. They made it through the day without crashing the car, and finished a respectable 33rd out of 50 covering over 45 miles in the process. Spirits remained high throughout the day, especially with support from the parents from Team Deer Park as well as our local sponsors Jam Electrical and Les Preston - Television Repair Specialists. We have just received an incredible donation from Draper, consisting of a variety of tools to help us improve our car for the new season.

We look forward to the 25/26 season and the innovation and races it brings.

Applications to join the team will open in a few weeks - look out for the announcement in the Newsletter.

Look out for Team Deer Park at Open Evening!





STUDENT LEADERSHIP

Think about it like this:

A one-size-fits-all approach isn't always fair. True fairness is about making sure everyone has the support they need to thrive. Let's remember to be thoughtful and inclusive in our words and actions this week and beyond.



DEER PARK RRC - THOUGHT FOR THE WEEK

Article 2: No Discrimination

This week, we are starting our series on the UNICEF Convention of the Rights of the Child. We begin with Article 2, which states that all children have the right to be treated equally, no matter who they are or where they come from - this right applies to everyone, everywhere!

But what does this truly mean? It's more than just "equality." Equality means everyone gets the same thing. However, people start from different places, therefore, we believe in "equity" as well. Equity means giving everyone what they need to have the same opportunity to succeed.

SHOE BOX APPEAL

Collection Dates:

Wednesday 8th October: Year 7 & 8


Thursday 9th October: Year 9,10 &11

Bring your shoeboxes to Room 209 (CAD Tech) during Tutor time

Do Include: Educational books and games, jigsaws, felt-tip pens, pencils, paper, pencil case, hat, gloves, scarf, socks, soap, toothbrush, toothpaste hair accessories, sports items. **All items must be new or in 'as new condition'**

Don't Include: Battery-powered items, books of a religious, racial or political nature, food of any kind, liquids of any kind, sweets of any kind, medicines, large toys, sharp items, war-related items, matches, inflammable liquids and aerosols





Numeracy updates

Maths at Home: Making Money Make Sense! 💰📊💡

Continuing our numeracy focus of the term of measures, let's look at a topic that affects everyone, every single day: **money**.

Helping your child feel confident with financial maths is one of the most valuable life skills you can support. It shows them that maths isn't just for the classroom; it's for budgeting, shopping, saving, and planning for the future. Below are some simple, practical ideas to help your child at home.

For Key Stage 3 (Years 7 & 8)

At this stage, the goal is to build confidence with the numbers behind everyday transactions and decisions.

- **Supermarket Sleuths:** When you're shopping, let them be in charge of the budget. Ask them to keep a running total. Challenge them to compare products. For example, "This 6-pack of crisps is £1.80, but the big bag with the same weight is £1.55. How much do we save by buying the big bag?"
- **Pocket Money Planners:** Whether it's from pocket money or a small job, encourage them to budget. If they want to buy something, help them work out how many weeks they need to save. This introduces the concepts of saving, spending, and planning.

★ **Family Challenge:** A pair of trainers costs £60. There's a "25% off" sale. What is the new price?

For Key Stage 4 (Years 9, 10 & 11)

As students prepare for their GCSEs, they can apply their knowledge to more complex, multi-step financial problems.

- **Decode the Deal:** Supermarket offers are perfect for GCSE maths. Challenge them to figure out the best deal. Which is better value: "Buy one get one free" on a £12 item, or the same £12 item with a "30% off" sticker? This encourages them to calculate percentage change and compare different offers.
- **The Part-Time Pay Packet:** If your child has a part-time job, help them understand their payslip. They can calculate their total earnings based on their hourly rate (£X/hour) and hours worked. You could even introduce a simplified version of income tax to show them how deductions are calculated.

★ **Family Challenge:** You invest £500 in a savings account with a 3% compound interest rate per year. How much will be in the account after 2 years?

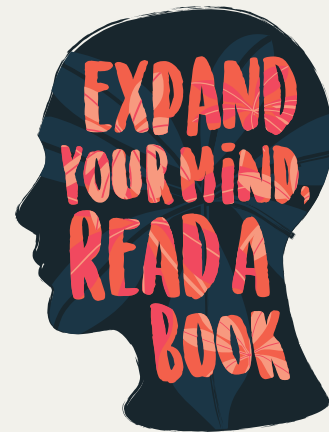
We hope these ideas help you bring maths to life at home. Every conversation about money is a chance to build financial literacy and show that numeracy is a true skill for life!

LITERACY UPDATE

Literacy in Tutor Time: A Word a Week

This term, our focus has been on expanding vocabulary and developing a shared language across the school. Our Word of the Week initiative in tutor time is an easy way for students to learn new words and integrate them into their everyday language. Our most recent word was consequent.

For something a little different, our Weird and Wonderful Word of the week was blutterbanged, which is an obscure English dialect word that means "to be completely flustered or discombobulated."



The Big Questions

Over the past few weeks, students have also had the opportunity to explore some big questions and fascinating topics. These discussions are designed to broaden students' knowledge and critical thinking skills. We've delved into:

- Fast Fashion: The social and environmental impact of the clothing industry and consumer habits.
- Prince Harry: His life, role within the royal family, and recent public work.
- Alexander Fleming and Penicillin: The discovery of this life-saving antibiotic and its historical significance.

These short explorations in tutor time help students build their cultural capital and become more engaged and informed citizens. We look forward to more exciting discussions in the coming weeks!

Bookbuzz Launch

We are also excited to have launched Bookbuzz with selected students in years 7 and 8. This popular programme of books and resources has been developed by BookTrust to support you in getting young people excited about reading. Bookbuzz gives students the chance to choose and keep a book they'll love from 16 fantastic titles, newly selected each year by our expert panel of librarians and teachers. We will have copies of all these new released works for our library and for ALL students to loan in the new future.

Co-Curricular Literacy Clubs 🍷📖

This term, our students have a fantastic range of co-curricular clubs to get involved in, all designed to make reading and writing an exciting part of school life. These clubs offer a chance to explore different passions and develop new skills outside of the classroom. Get Involved!

- Magazine Club: Our budding journalists are busy producing their very own school magazine, covering everything from student news to interviews with staff. This is a great way to develop writing, editing, and teamwork skills.
- Young Reporters: For those who love to get to the heart of a story, this club focuses on the art of interviewing, research, and crafting compelling news reports.
- Books and Biscuits: A relaxed and friendly space for students to share their love of reading. The club meets to discuss a chosen book over a cup of tea and, of course, some biscuits!
- Poetry Club: A creative outlet for students to write, share, and perform their own poetry, exploring different forms and styles.
- Shakespeare Drama Club: This is a brilliant opportunity for students to bring Shakespeare's timeless plays to life. They will get to explore the characters and language through performance, helping them to gain a deeper understanding of his work.

PHYSICAL EDUCATION & SPORT UPDATE

As the temperature decreases, we are wanting to ensure your children remain warm and comfortable whilst maintaining a good level of participation during their outdoor lessons. Please see the slide shared with KS3 students during their first lesson back

If you are cold.....

- Bring extra layers. (Underneath)
- Wear two t-shirts (long sleeve).
- Spare socks for afterwards



Deer Park School



GCSE PE

Quick fire questions to support your child's learning

Year 9 - Name three muscles and the function of a tendon?

Year 10 - What is the difference between an open and closed skills?

Year 11 - Name three blood vessels?

Fixtures

Well done U16 Girls (see league table) on their first league event. Four wins from seven games.

	GP	W	D	L	GF	GA	GD	PTS
King Edwards	7	7	0	0	45	24	21	35
St George B	7	6	0	1	35	16	19	31
Bitterne Park	7	5	0	2	33	13	20	27
Deer Park	7	4	0	3	41	22	19	22
The Greggs	7	3	0	4	15	20	-5	15
St George A	7	2	0	5	27	26	1	12
St Marks	7	1	0	6	14	40	-26	6
Oasis Mayfield	7	0	0	7	2	51	-49	0

Next week -

Senior Girls v Wildern (h) Monday 29th Sept - ELP
 Junior Girls Hampshire CUP v Bayhouse (a) Tuesday 30th - EBA
 Year 7 Boys v Mountbatten (a) - ELP Wednesday 1st Oct
 Senior Girls v Woodlands (a) Thursday 2nd Oct - ELP

Clubs

No netball/rugby club Thursday 2nd Oct - Open Evening

Year 11 'C' prepare to perform on Tuesday 30th - Mr Hughes class 3-4pm.
 Revision videos shared on Google Classroom for Year 11 students.

SAFEGUARDING RESOURCES

The Children's Commissioner has recently released a new report on children's exposure to pornography. For more information on the report and signposting for support on this topic visit

<https://www.childrenscommissioner.gov.uk/resource/sex-is-kind-of-broken-now-children-and-pornography/>

Support can also be accessed through Childline Childline:

www.childline.org.uk

Contact number: 0800 1111



Fairthorne Manor 2025

Our Year 7 students and staff enjoyed a fantastic day at Fairthorne Manor on Monday & Thursday. We were incredibly proud to see them embody some of our core values of resilience, ambition, and kindness throughout every activity. Their exemplary behaviour was a credit to the school. Well done, Year 7!





STUDENT SEGMENT

Harvesting Happiness

It's officially the season of change- harness this academic year and shape it to the best yet! - Kez

BY KEZIA SWAIN

As autumn rears its head, the gradual decline in the hours of the sunlight impedes two chemicals in our brains: serotonin and melatonin. The nexus between these chemicals cultivate and avail superlative wellbeing. High levels of serotonin release and amplify feelings of euphoria, however, just as the leaves flourish and wither with the changing seasons, so do we. The autumn overcast inflicts lower levels of serotonin diminishing us into a despondent and morose temperament. Conversely, melatonin has a soporific effect inducing drowsiness and facilitating sleep during the nighttime, whereas a paucity of this can disrupt our sleep patterns. Parasitical in nature, seasonal low mood runs rampant hijacking our brains, further exacerbated by the plunge back into school. 1 in 20 people are diagnosed with Seasonal Affective Disorder, so here's how you can nourish your mental health this autumn!

- Indulge in strolls through the countryside, observing the squirrels and mice as they hurriedly snatch up bronze acorns and the ebony plumes of crows feathers to stash away in their nests in preparation for the crisp months ahead.
- Revel in the company of friends while basking in the suns orchard of light or while tackling some autumnal baking in the toasty aroma of cinnamon and stewed apples
- Engulf yourself in nature's majesty and venture into the arms of the forest, see if you can notice the crowns of the trees now scorched with flames of copper, mahogany and deep wine.
- Nestle under a bundle of blankets and escape into the frames of a timeless classic or jump into the visceral thrill of a halloween picture.
- Keep your space clean and airy as a tidy atmosphere will foster a tidy mind and endeavor to rise and settle to sleep at the same time each day to establish a healthy sleep routine

UNIFORM:

We believe that being in the correct uniform helps students get into the right mindset for learning. We ask for your support in ensuring that your child meets the school's high standards.

If a student is wearing incorrect uniform, they will be given a mark on their uniform tracker and will be expected to correct it by the next school day. Repeated uniform breaches will be considered persistent defiance and may result in a meeting with the Head of Year to discuss a solution.



Extra Curricular

TIME TABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK 1	*Get Active (Sports Hall) Year 7 *Poetry (112)	*Get Active (Sports Hall) Year 8 *Young Reporter (103) Years 10/11 *Chess (114) All Year Groups *Art Intervention (203) KS4 *Gardening Club Meet by Bike Sheds *Maths Drop in (117)	*Get Active (Sports Hall) Year 9 *Dominoes Club (Additional Support) *KS4 Intervention (117) (Maths/Science/English)	*Get Active (Sports Hall) Year 10 *Ukulele Club (008) *Books and Biscuits (007)	*Get Active (Sports Hall) Year 11 *Drama Club (006) *Puzzle Club (119)
BREAK 2	*Quotation Club (004) Year 11 *Computing Drop in (101) KS4	*Computing Club (102) All Year Groups	*Debate Club (103) All Year Groups	*Computing Drop in (101) KS4	
AFTER SCHOOL	*Self Study Club (LRC) *Girls Football (Astro) All Year Groups *Badminton Club (Sports Hall) All Year Groups *GCSE Dance Club (Dance Studio) Year 11 *Magazine Club (001) All Year Groups *Orchestra (008)	*Self Study Club (LRC) *Outlet Basketball Club External booking (paid sessions) *Percussion Club (008)	*Self Study Club (LRC) *Boys Football (Astro) All Year Groups *Art Club (202) KS3 *Art Intervention (203) KS4 *Dance Live (Dance Studio) *Choir 008 *Dungeons and Dragons club (LRC) *Axiom Maths Circles (118) Year 7 Invite only	*Self Study Club (LRC) *Netball (Courts) All Year Groups *Rugby All Year Groups *History Club (110) *Dance Live (Main Hall) *Shakespeare Drama Club (003) *STEM Club (212) *Magazine Club (001) *Duke of Edinburgh (108) *Mathletes (116) (Year's 8-11)	*Self Study Club (LRC) *F24 Racing (215) Invite only

*LRC is open every break/lunch and after school for students to use and complete self-study should they wish



UPCOMING DATES

Date	Activity	Year Group
29th September 2025 30th September 2025 2nd October 2025 3rd October 2025	GCSE IT NEA	Year 11
1st October 2025	V&A museum trip	Year 9
2nd October 2025	National Poetry Day	
2nd October 2025	Open Evening	No Extra Curricular Clubs
3rd October 2025	Late Start	Students will need to be in school for no later than <u>9.55am</u> where they will arrive at their normal Period 2 lesson for <u>10am</u> and be registered.
9th October 2025	Open Morning	
9th October 2025	Author Visit	

TERM DATES FOR THIS
ACADEMIC YEAR CAN BE
FOUND [HERE](#)



Polite reminder: All meal deals are £3.40 and served at break 2. The daily limit to spend is £7.50 unless you have asked us to cap this. Hot food is also available at break 1. If you receive the FSM allowance of £3.40, this does not get reset from break 1 and is to be used across the day. If your child does fall into a negative balance a red slip will be issued at the office and a phone call home will be made to ask to top up the account. We can no longer allow purchases on overdrawn accounts.

Many thanks.

CAR PARK

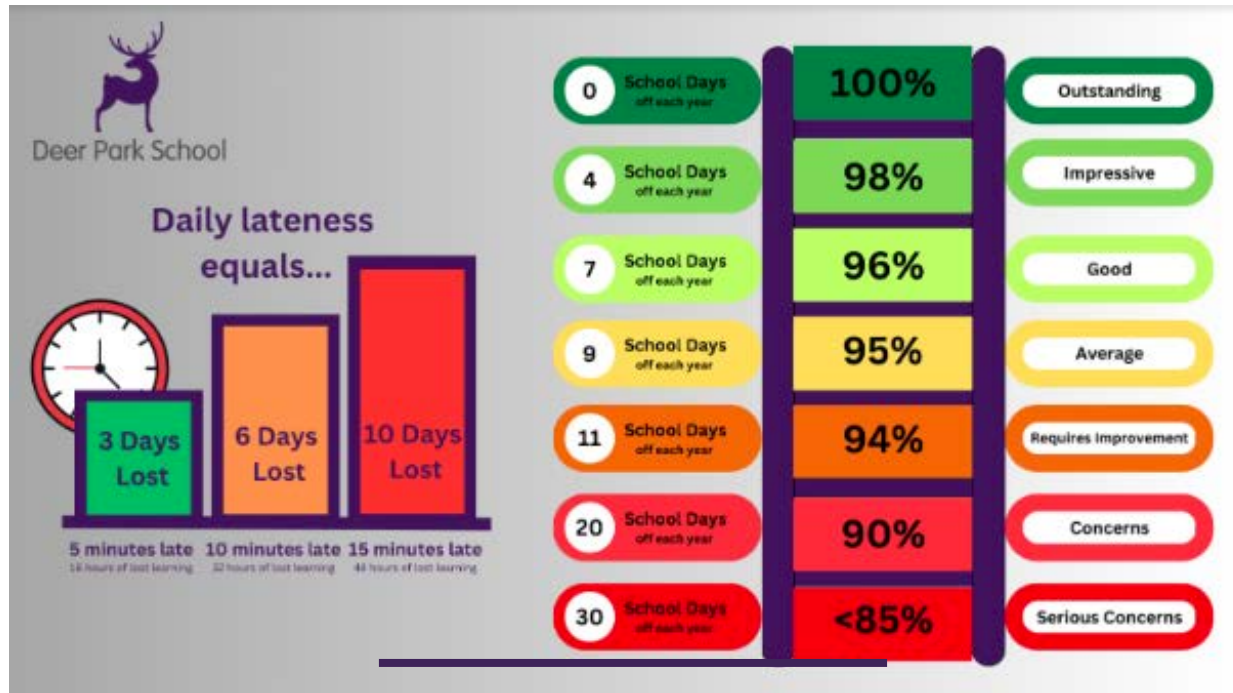
For the safety and security of all students and staff, please be reminded that the school car park is reserved exclusively for those who hold a valid car park pass or a Blue Badge . We kindly request that you do not use the car park for general drop-offs or collections (Unless you are collecting your child during the day for an appointment).

To ensure a smooth and safe drop-off and pick-up process, please utilise the designated drop-off points available on Sika Avenue.

Thank you for your cooperation and understanding in helping us maintain a secure environment for everyone.

ABSENCES

Please, where possible, could you contact us before 8.30am if your child is unable to attend school. Absences can be recorded via Edulink or by e-mailing absence@deeparksecondary.org. Alternatively please call the school on 01489 351100 and select option 1 to report your child absent.



LEAVE OF ABSENCE FORMS

If you need to request an absence from school, for exceptional circumstances such as attending family funerals, etc. Parents will need to complete an online Google form. The link for the form is [here](#).

Lost Property

All lost property is kept in the Library (LRC). If your child(ren) has lost anything, please ask them to collect anything that belongs to them. Items will be kept for 3 weeks and then donated. Please help us to get items back to your child by clearly labeling items.

Thank you.





Open Evening & Open Mornings

We are offering tours at Deer Park School on the following dates:

Thursday 2nd October

5.30pm - 7.30pm

Wednesday 24th September

9.45am - 11am

Thursday 9th October

9.45am - 11am

PLEASE SCAN THE QR CODE TO REGISTER YOUR INTEREST
POLITE REMINDER THAT THERE IS **LIMITED ON-SITE PARKING**



Open Evening



Sika Ave, Botley, Southampton SO30 2HT



deerpark@deerparksecondary.org



01489 351100



Open Morning

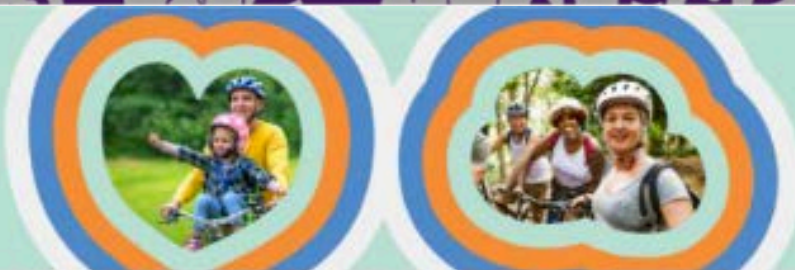
OPEN EVENING & OPEN MORNINGS

Students will have a slightly later start to their school day on **Friday 3rd October**. This is due to our annual Open Evening taking place the previous night (2nd October); giving staff the opportunity to return their departments to full working order.

Students will need to be in school for no later than 9.55am where they will arrive at their normal Period 2 lesson for 10am and be registered.

We thank you in advance for your cooperation

LIFE'S BETTER BY BIKE.



GET BIKE CONFIDENT

Whether you're curious, cautious, or ready to commit, cycling is waiting for you.

Many women say they'd cycle more if they felt more confident or knew the best local routes [\[1\]](#). That's why we're offering free sessions to help you get started or build your skills.

So what are you waiting for? Let's ride!

CYCLING IS ESPECIALLY GREAT FOR WOMEN

Cycling isn't just a way to get from A to B: it's fun, freeing, and fantastic for your health and wellbeing. Yet, across the UK, nearly 1 in 3 women say they'd like to cycle but don't currently ride [\[2\]](#).

Cycling offers a unique blend of physical, mental, and social benefits and it's especially empowering for women. From boosting fitness to reducing stress, it's a low-impact activity that fits into busy lives.



EXPLORE FREE BIKE ACTIVITIES IN EASTLEIGH!

From quick safety checks and guided rides to skill and confidence sessions and trailer trials.

[View Eastleigh events and book your free spot](#)

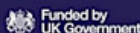
CycleTogether Eastleigh is an initiative by Eastleigh Borough Council to help make cycling part of your every day life no matter how experienced you are. In partnership with Sustrans, free sessions have been made available to encourage cycle confidence and safety. Funded by the UK Shared Prosperity Fund, this initiative makes cycling accessible to all.



Funded by
UK Government

CYCLE TOGETHER EASTLEIGH

Ride
Learn
Connect





PRE-LOVED PROM DRESS SALE

SATURDAY 18TH OCTOBER 2025

12PM - 4PM OPEN TO THE PUBLIC

CASH PAYMENTS PREFERRED

VENUE: BISHOP LUFFA SCHOOL, PO19 3HP
ENTRY VIA WESTGATE

BUY OR SELL YOUR PROM DRESS -
FOR MORE INFORMATION CONTACT
US VIA THE EMAIL BELOW

IN PARTNERSHIP
WITH:



St Wilfrid's Hospice
Making a difference to local lives

HOSTED BY BISHOP LUFFA PFA



@BISHOPLUFFAPROMDRESSES



BLPROMDRESS@GMAIL.COM



What's coming up?



Walktober is a challenge held each October to celebrate International Walk to School Month. School communities are asked to walk, wheel and use other active and sustainable travel as much as possible throughout the month. In Hampshire, Walktober has been run annually by Hampshire County Council's Travel Planning Team since 2016.

For Walktober 2024, over 130 schools and settings took part, meaning more than 39,000 pupils and nearly 5,000 staff, across Hampshire, had the opportunity to participate in the challenge.

School travel champions can register here – <https://myjourneyhampshire.com/education/walktober/> All registered schools will be sent Walktober resources and competition details. Last day for registration is Friday 26th September!

Cycle to School Week – 13th – 17th October

This challenge is organised by The Bikeability Trust and supported by Sustrans, it's a week-long event where families are encouraged to cycle and scoot to school.

If you make a pledge today, you'll be entered into a prize draw to win an amazing Frog bike of your choice (worth up to £760!), along with a Frog water bottle and Frog cycling jersey – perfect for your next cycling adventure!

[Cycle to School Week - Bikeability](#)



**LIFE'S
BETTER
BY BIKE.**



Check out the new Eastleigh campaign from Hampshire County Council to encourage and enable more women and girls to get started on their cycling journey or build on the skills they already have.

There are lots of free activities and resources on offer including route planning, cycling groups, bike maintenance lessons, Bike Dr's, cycle skills, led rides, family cycle sessions and much more!

Check it out here – <https://www.hants.gov.uk/socialcareandhealth/publichealth/lifesbetterbybike>

Useful information:

Learn to Ride

Learning to ride for the first time is an individual journey that can be exhilarating and exciting. Sustrans offers nine easy to follow steps to help children and families on this exciting journey.

[Teach a child to ride a bike without stabilisers in nine steps - Sustrans.org.uk](#)

Want to keep your bike in good shape? Then check out our M-check guide to make sure your bike is safe to ride and working well.

<https://www.sustrans.org.uk/our-blog/>

National Cycle Network

Created by Sustrans, The National Cycle Network is a UK-wide network of signed paths and routes for walking, wheeling, cycling and exploring outdoors.

In 1979, Sustrans built their first traffic-free path that would become part of the Network, the Bristol and Bath Railway Path.



Over the years more walking and cycling routes across the country have been created.

To find out more and find a route near you to explore visit: [The National Cycle Network - Sustrans.org.uk](#)

Sustrans is grateful for the continued support of Hampshire County Council and the My Journey team for our work in schools across Eastleigh, Fareham and Gosport.



We'd love to hear from you!

John Clode aka Bike It John is the schools officer for South Hampshire.

Please get in touch if you have any great walking or wheeling stories or would like to find out more about our school work.

Email:

john.clode@sustrans.org.uk

Bike It School Dates

- 22nd–24th September
Hiltingbury Junior School
Year 5 Big Street Survey.
- 29th September King's
Academy Brune Park,
Year 7 Bike Dr & Bike
Security Coding.
- 6th October King's
Academy Bay House,
Year 7 Bike Dr & Bike
Security Coding.
- 13th October, Nightingale
Primary School Bike &
Scooter Dr.

Sustrans is changing!

Sustrans (Sustainable Transport) works for and with communities to create healthier places and happier lives. We have some exciting changes happening so my next newsletter may look a little bit different! Watch this Space!

Summer Term Activities

We had a fantastic summer term filled with sunshine and lots of Active Travel fun!

Children from Nightingale Primary School and Kings Copse Primary School in Eastleigh both enjoyed some brilliant Scooter Skills sessions, mostly in the sunshine with children learning new skills to help them scoot to school and beyond.



Scooter Skills gets a thumbs up at Kings Copse Primary School.

Year 6 pupils from Elson Junior and Alverstoke Junior schools were able to join Bike It John and some fellow Sustrans officers on some led rides to explore some safe routes to their new secondary schools, find out where the Year 7 bike sheds are and eat a few biscuits along the way!

Toynbee School in Eastleigh had a Bike Dr and Bike Coding day with Bike It John and 2 Sustrans volunteers Clyde and John, fixing and coding bikes for Years 7, 8 and 9 at their new brilliant looking bike shed which has been repurposed from shipping containers.



Led rides with pupils from Elson and Alverstoke Junior Schools

Summer Holiday Activities

Toynbee School in Eastleigh and Cams Hill School in Fareham were kind enough to let us make use of their facilities to run some ever popular Ditch the Stabiliser sessions for primary age children.

The 6 sessions were attended by 30 children and with a bit of guidance, and help from their parents and carers, nearly all got to grips with the big change to pedal a bike independently.



"Thanks for your training today, I'm a huge advocate of the session and genuinely I can't believe the progress made in such a short period of time. Bravo" Rian Qureshi, parent.

NHS YOUTH BOARD

- AGED 12-21?
- LIVING OR STUDYING IN HAMPSHIRE,
THE NEW FOREST OR THE ISLE OF WIGHT?
- WANT TO IMPROVE HEALTH &
WELLBEING SERVICES FOR YOUNG
PEOPLE LOCALLY?
- WORK ON PROJECTS WITH LIKE-MINDED
YOUNG PEOPLE ON TOPICS SUCH AS:
 - SOCIAL MEDIA
 - VAPING
 - HEALTHY LIFESTYLES



SCAN THE QR CODE OR CLICK 'APPLY HERE NOW'
TO SUBMIT YOUR APPLICATION.

 **APPLY HERE NOW**




APPLICATIONS FOR THE YOUTH BOARD ARE NOW OPEN UNTIL
TUESDAY, OCTOBER 14, 2025.

If you have any questions you can email Youth Board Coordinator,
Kellie, at kellie@unloc.org.uk

Not sure how to stop using nicotine products such as vapes, cigarettes or nicotine pouches?

Your Public Health Nursing team
provides non-judgemental
support either in a clinic
appointment at a time to suit
you, or drop a text to ChatHealth.

An illustration of a hand holding a black vape pen. The hand is rendered in a simple, stylized manner with orange skin and pink nails. The vape pen is black with a silver-colored mouthpiece. A plume of white smoke is rising from the mouthpiece, and the words 'Quit me' are written in a handwritten style within the smoke.

Quit me

You are three times
more likely to quit
with support.
You've got this!



JAMES BEATTIE FOOTBALL ACADEMY



OCTOBER HALF TERM CAMP

**MONDAY 27TH &
TUESDAY 28TH**



Places Leisure Eastleigh

Passfield Ave, Eastleigh SO50 9NL

**9AM -
3PM**

**AGES
6-13
YEARS OLD**

**FULL
CAMP
£45**

**SINGLE
DAY
£25**



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What Parents & Educators Need to Know about ONLINE SLANG

WHAT ARE THE RISKS?

Slang moves fast – and for many young people, it's not just how they talk, but how they share their identity and feelings. Learning key terms helps adults connect and show understanding, even if the lingo seems baffling at first.

GENERATIONAL MISCOMMUNICATION

Words like 'rizz' or 'slaps' can be misunderstood by adults, leading to awkward moments or a breakdown in trust. These phrases often carry subtle social meanings among young people.

RAPIDLY SHIFTING MEANINGS

Slang changes quickly. A term like 'bop' might sound innocent one week and be repurposed the next. This makes it easy for adults to fall behind and for children to misstep.

SHIELDING BULLYING OR EXCLUSION

Inside jokes and trending terms like 'simp' or 'NPC' can be used to mock or exclude others. What looks like harmless fun might actually reinforce social divisions or bullying.

PERFORMING FOR THE ALGORITHM

Slang often reflects what's popular on platforms like TikTok. Young users might exaggerate or act out for likes, creating online personas that don't match their real selves.

CONTENT MODERATION WITH CODED SPEECH

To avoid content filters, young people sometimes use slang or emojis to talk about serious topics – for example, saying 'unalive' instead of other death-related terms. This makes harmful content harder to spot.

LONG-TERM DIGITAL FOOTPRINT

A slang-filled post might seem funny now but could resurface years later during job checks or university applications – possibly out of context, but still damaging.

Advice for Parents & Educators

KEEP UP, DON'T CATCH UP

Follow youth culture pages or ask your child about new slang. Staying informed shows that you're engaged and open to understanding their world.

ASK, DON'T INTERROGATE

Use open questions to invite conversation. You're not quizzing them – just trying to learn more about their online lives.

FOCUS ON CONNECTION OVER CONTROL

Being someone your child can talk to is more valuable than using strict filters or monitoring apps. Openness builds trust.

ENCOURAGE CRITICAL MEDIA LITERACY

Talk about where slang comes from, how it spreads, and how it can impact others. This helps young people use language more thoughtfully.

ONLINE SLANG CHEAT SHEET -

The following slang terms are common examples – please be aware this isn't an exhaustive list and both meaning and prevalence can change swiftly.

COMMON SLANG:

- Sigma** – Independent, self-reliant (often male) mindset; proud outsider status. Often celebrated in motivational memes.
- Skibidi** – Nonsense word from the viral 'Skibidi Toilet' meme; expresses chaos or fun. Usually harmless but pervasive.
- Chat** – The collective audience or group of viewers (e.g. on a livestream). Used when addressing followers directly.
- Lock in** – To focus, commit or get serious (e.g. before gaming or sports). Positive encouragement to concentrate.
- Cooking** – Doing something exceptionally well or gaining momentum. Opposite of 'cooked'.
- Rizz** – Charisma or flirting ability (short for charisma). Can praise social confidence.
- Aura or aura farming** – One's perceived 'energy' or vibe; 'farming' means manufacturing clout.

POTENTIALLY CONCERNING SLANG

- Bop** – An adult content creator (e.g. OnlyFans). Indicates exposure to 18+ material.
- Gyat or gyatt** – Sexualised exclamation about someone's backside. Objectifies appearance.
- Tralero tralala / bombardino crocodilo / tung tung tung sahur** – Spammy references to AI-generated creatures with 'Italian-sounding' names. Can clog chats, derail discussion, and harass others.
- Glazing** – Overpraising or obsessively defending a streamer or celebrity.
- Crash out** – To lose control, give up or have a meltdown; sometimes hints at self-harm.
- Cooked** – Ruined, exhausted or in serious trouble; sometimes mental health-related.
- Unalive** – Euphemism for death or suicide; used to avoid content filters.
- NPC** – Used to suggest someone is lacking independent thoughts or is repetitive and predictable.

Our Expert

is a globally renowned emoji expert and the Editor in Chief of www.emojiart.com, the world's number one emoji resource. He has an MSc in Psychology from University College London and an MBA from the School of Business and Technology.



THE NATIONAL COLLEGE