

Be Bright Be Seen

Keeping safe on your journey to school

- Wear reflective Hi Viz clothing.
 - Put lights and reflectors on your Bike or Scooter.
 - Wear brightly coloured clothing, coat, helmet or hat.
 - Attach reflectives to your school bag.
 - Take extra care at junctions and when crossing the road.
 - Make eye contact with drivers to make sure you have been seen.
 - **Drivers!** – It is your responsibility to drive safely! Avoid distractions and look out for others sharing road space.
- Check out our guides to cycling in the dark & making sure your bike is safe to ride:
↓
[Sustrans Guide to cycling in the dark](#)
[Check your bike is safe to ride - a how to guide](#)



Photo: Natalie Martin

Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

Join us on our journey.



Registered Charity No. 326550 (England and Wales)
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